

Host a **Why Not Him?** conversation night

A relaxed, judgment-free get-together where couples and friends can learn about shared family planning and ask the questions they've been wondering about.

A simple 60-minute format

- | | |
|------|--|
| 0:00 | Welcome. Snacks, name tags and a quick hello. |
| 0:10 | The big question. Why is family planning still mostly her job? |
| 0:20 | Vasectomy, simplified. A short talk on what it's really like, myths and recovery. |
| 0:40 | Open Q&A. Anonymous question cards make it easy to ask anything. |
| 0:55 | Take-home. Hand out the couples conversation guide. |

Who to invite

Couples with young kids, parents who feel their family is complete, and anyone curious. Mixed groups work well; so do moms' nights and dads' nights.

Host checklist

- ☒ Pick a date, time and space (a classroom, studio, shop or living room works).
- ☒ Request a speaker or materials at least 3 weeks ahead
- ☒ Share the event using the blurb below Print conversation guides and question cards
- ☒ Set out snacks and keep it relaxed
- ☒ Share photos (with permission) using #WhyNotHim

Event blurb

Why Not Him? Conversation Night. Birth control has mostly been her job. Join us for a relaxed, judgment-free evening about sharing the load, with straight answers about vasectomy and time for questions.
[Date, time, place]

Want a speaker?

Email stepup@whynothim.com with your organization, city, proposed date and expected group size, and we'll help find a speaker.